Horsforth School Bronze DofE 2024– Joining Information Cohort 1

Training Day is taking place on: 7th September (Saturday)

Practice Expedition is taking place on: 14-15th September

This is 2-day 1-night expeditions with overnight camp

Assessed Expedition is taking place on: 21st-22nd September

This is 2-day 1-night expeditions with overnight camp

In School Training Day (Saturday) - 7th September

Students should arrive at School for a 9am start. They need a packed lunch, snacks and drinks for the day and to wear clothes suitable for going outside for up to an hour, whatever the weather. The day will be finished by 4pm.

Cohort 1 Practice - 14-15th September

Team	Meet time	Meet Place	Campsite 1	End point	End Time
1	10:00	Bramhope	Bramhope	Stainburn	15:00
2	10:20	Bramhope	Bramhope	Stainburn	15:20
3	10:00	Bramhope	Bramhope	Stainburn	15:00
4	10:20	Bramhope	Bramhope	Stainburn	15:20
5	10:00	Bramhope	Bramhope	Harewood	15:00
6	10:20	Bramhope	Bramhope	Harewood	15:20
7	10:00	Bramhope	Bramhope	Harewood	15:00

Bramhope Scout Campsite, Occupation Ln, Bramhope, Leeds LS16 9HR, https://goo.gl/maps/7W5QMqp9k3nkfRCYA
Harewood village Hall, Church Lane, Leeds, LS17 9LY https://goo.gl/maps/LYUCfFVsUNkwVrjo6
Stainburn Forest, Norwood Edge Car Park, Norwood, Otley LS21 2RA https://goo.gl/maps/uyKZNV9j2gnHhbve7

Cohort 1 Assessed - 21st-22nd September

Team	Meet time	Meet Place	Campsite 1	End point	End Time
1	10:00	Addingham	Sconce Lane	Pool	15:00
2	10:00	Addingham	Sconce Lane	Pool	15:00
3	10:20	Addingham	Sconce Lane	Pool	15:00
4	10:00	Addingham	Low Wood	Cow and Calf	15:00
5	10:20	Addingham	Low Wood	Cow and Calf	15:00
6	10:00	Pannal Station	Herd Farm	Surprise View	15:00
7	10:20	Pannal Station	Herd Farm	Surprise View	15:00

Addingham Memorial Hall, Main St, Addingham, Ilkley LS29 0LZ https://goo.gl/maps/6v4et3pAE5RYoKTo7
Cow and Calf (by Cow and Calf Café), Hangingstone Rd, Ilkley LS29 8RF https://goo.gl/maps/RNZShHP4zJrc99MT6
Herd Farm, Eccup Reservoir, Harrogate Rd, Leeds LS17 7RJ, https://goo.gl/maps/zrQQRLJNS7iYnw4C8
Low Wood Elam Wood Rd, Riddlesden, Silsden, Keighley BD20 5QL https://maps.app.goo.gl/ewAmw9QtoMJ6FwSt7
Pannal Station, Pannal, Harrogate HG3 1JP (parking just N of Railway line on Station Rd)

https://goo.gl/maps/u66UCUPfy4cJQrLq8

Surprise View (Car Park), Guiseley, Otley LS21 3JL, https://goo.gl/maps/tN4PYgDEcLRqugSn7

https://goo.gl/maps/SNWZCVc6TVuyDcXF8

Pool Sports and Social club, Arthington Lane, Pool in Wharfedale, Leeds, LS21 1LG **Sconce Lane** Scout Campsite, Sconce Ln, Shipley BD17 6BG https://goo.gl/maps/HVbeemC6KC6Sq3uL9

Dropping off and collecting your child safely

I'm sure everyone will appreciate that we have a lot of Students participating in this event. In some cases we are using public areas and we need to be mindful of our impact on both the areas we are visiting and other users. Please do, if it is appropriate, consider lift-sharing and make sure Students and bags are organised for an efficient drop-off.

Please use the Google Pins or full addresses to find the locations – Some venues are in rural areas and Postcode alone will not guide you accurately.

Kit

Students should arrive packed for the full expedition, including food. Advice on menu planning, choosing kit and packing will be covered in training and students can refer to our Course notes for ideas in advance of this https://www.lupineadventure.co.uk/dofe-resources/#resource1

Some items of equipment are essential to safety and we may not be able to take your child on expedition if they arrive without these. They are:

- Appropriate clothing including warm layers, hat and gloves (no jeans)
- Full waterproofs (over jacket and trousers) even if the forecast seems fine.
- Suitable footwear This should be hiking boots with ankle support
- Any personal medication.
- Sleeping bag and mat
- An expedition backpack (minimum 60litres)
- Sun cream and hat.
- Sufficient food
- Personal hygiene supplies, including hand sanitiser we may not pass proper toilet facilities a strong ziplock bag should be used to carry out any paper, wipes or sanitary products used.
- Food and snacks for a full active days.
- Water bottles or hydration pack (2 litres minimum ideally in two separate bottles/containers in case one is lost or broken).

If you have a concern or query about equipment or are struggling to provide an item of essential equipment for any reason email lupine@lupineadventure.co.uk — we will probably be able to lend you the items from our stores. If emailing please state the name of your school, your child and which bits of equipment you would like to borrow.

Code of Conduct and Mobile Phone Policy

Please ensure that you read our code of conduct and mobile phone policies (included at the end of this letter) The Duke of Edinburgh Award Charity requires there is a policy on mobile phones and other electronic equipment. You can support your young person in their adherence to the mobile phone policy by not expecting or prompting communications home. Please note that both participants and staff may be out of phone signal at various times during the expedition, this is unavoidable. We do, however, ensure that participants know how to summon any necessary assistance at all times.

Preparing for success

Participation in a Duke of Edinburgh Expedition is not a guarantee of a pass. We will be doing all we can to prepare and train Participants for a successful expedition but on Assessed expedition they must fulfil the Expedition requirements as verified by an accredited DofE Assessor to pass. We will be covering the Expedition Requirements

during training and you can also familiarise yourself with them here https://www.dofe.org/wp-content/uploads/2023/03/Expedition-Aim-and-Requirements-1.pdf

If your child needs to leave Expedition early

Due to falling ill or any other reason we will need you to collect them. Please make sure that you, or another trusted adult is near enough by to do so throughout the Expeditions.

Emergency contact

Should you have need to make contact with your young person during any Lupine event you can call the Lupine Office on 0113 410 3712. They will know where your young person is and have contact with the person looking after them. It will help if you know the name of the group that your student is in.

Code of Conduct for participants on Lupine DofE Expeditions

This code of conduct is to promote the safety and enjoyment of everyone on expeditions.

We ask that you:

- 1. Carry out all instructions given by all staff, in particular relating to your own health and safety and that of other team members.
- 2. Comply with the Countryside Code.
- 3. Work co-operatively as a team, staying together and helping each other.
- 4. Once you have arrived on a campsite you must not leave the campsite until you set off the next morning.
- 5. Respect the privacy of other team members by not entering tents belonging to other team members without invitation.
- 6. Respect other campsite users and the wider public by behaving sensibly, remaining in your tent from the agreed time, and keeping noise levels to a minimum (especially if you are up early).
- 7. Use of mobile phones is allowed in line with our mobile phone policy (see below).

Our first priority is the safety and well-being of our participants. Due to the nature of the Duke of Edinburgh programme breaches of this Code of Conduct will be taken seriously. Students who fall short of these expectations may be removed from the programme and parents may be contacted to collect participants at any point.

Mobile phone policy.

Mobile phones can be carried for emergency use and data collection in pursuit of your aim.

Please do not use your mobile phone for anything other than:

- 1) Contacting your expedition supervisor.
- 2) Calling the emergency services if you have a medical emergency.
- 3) Only when instructed by your Supervisor call or text home to give an update on the expected finish time.

The Assessor and Supervisor **may** also agree to mobiles being used for specific purposes such as taking photographs or videos as part of your aim. In this case the phone should be in airplane mode to conserve battery power.

If these rules are adhered to battery packs are not necessary and are therefore banned from all Bronze and Silver expeditions.

PLEASE MAKE YOUR PARENTS AWARE OF THIS POLICY SO THAT THEY KNOW THEY WON'T BE ABLE TO CONTACT YOU VIA YOUR MOBILE PHONE

