

Dear parents/carers.

All Bronze Award parents of participants have been emailed individually to let them know which cohort they have been allocated to.

The dates below correspond to each cohort's in-school training, practice and assessed expedition. Please let me know if there are any problems with your child attending the dates they have been allocated. Attendance on the expedition also requires that the full DofE payment has been made through ParentPay. Please let me know if anyone needs an extension on the payment plan.

Cohort 1:

7th Sept in-school training
14-15th September 1-night & 2-day practice expedition
21st-22nd September 1-night & 2-day assessed expedition

Cohort 2:

8th Sept in-school training
28-29th September 1-night & 2-day practice expedition
5-6th October 1-night and 2-day assessed expedition

Consent form

Please complete the following consent form [here](#) from Lupine Adventures, who will be running the in-school training and expeditions to allow your child to attend. If you prefer a hardcopy of the consent form to return to me, please see attached.

Kit

Participants should arrive packed for the full expedition, including food. Advice on menu planning, choosing kit and packing will be covered during the in-school training and participants can refer to our the course notes for ideas in advance of this [here](#). Some items of equipment are essential for safety reasons and Lupine Adventures may not be able to take your child on expedition if they arrive without these.

They are:

- Appropriate clothing including warm layers, hat and gloves (no jeans)
- Full waterproofs (over jacket and trousers) – even if the forecast seems fine.
- Suitable footwear – This should be hiking boots with ankle support
- Any personal medication.
- Sleeping bag and mat
- An expedition backpack (minimum 60litres)
- Sun cream and hat.
- Sufficient food
- Personal hygiene supplies, including hand sanitiser – we may not pass proper toilet facilities – a strong zip-lock bag should be used to carry out any paper, wipes or sanitary products used.
- Food and snacks for a full active days.
- Water bottles or hydration pack (2 litres minimum – ideally in two separate bottles/containers in case one is lost or broken).

The rest of the kit that is required is team kit that includes tents, camping stoves, cooking pans, first aid kits and ordnance survey maps that we do have available in school for participants to borrow. Some of these items are limited stock so please let me know if your child needs to borrow anything. I have also attached the DofE guidance on kit.

Next week there will be another drop in session in the Sixth Form block in SF4 straight after school on Tuesday 2nd July. In the first week back after the summer break I will meet with the participants

on Wednesday 4th September to hand out any kit and answer any further queries that the participants have, to make sure they are all set!

Charlene Thomas
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